Chairperson Report

WELCOME TO YOUR SECOND EDITION OF THE VUNS NEWSLETTER FOR 2016

Hi Members

I cannot believe it has been a month since our ASM at the Gold Coast.

The conference was well attended and the program offered valuable information to take back to our workplace. There was also plenty of time for networking with our colleagues from interstate and New Zealand. VUNS supported 7 nurses to attend the ANZUNS ASM. Next year's ASM will be in Canberra. It is actually a Victorian meeting and will be held from 24-27 February so save the date!!!!

VUNS executive committee have been working with our web designers to get our new website up and running. This is all going to plan and is very exciting to see it come to fruition. We hope to be able to have it go live by July. Watch this space for future developments!!!!

VUNS will also have a new logo, which looks fantastic, and we launched the logo at our country meeting in Benalla in March.

Please Note!!! Our VUNS AGM will be on 23 July 2016 after Meeting of the Waters Study Day. Please take the time to attend and consider joining our fantastic executive committee you will be warmly welcomed.

Kath Schubach
CHAIRPERSON
Editors Report

Welcome to our second newsletter of 2016.

I was fortunate to attend ASM at the Gold Coast in April. Both the Nursing and Scientific program had valuable information for us to take away and share with our colleagues. Networking during morning tea, lunch, afternoon and at the social events was also highly valuable. In this edition, we hear from four of our scholarship recipients. I hope you find their information informative and interesting.

Meeting of the Waters is scheduled for 23 July. The interim program has been included in this newsletter for you all to look at. It would be lovely to see many of you there. Again, this is a great forum to network and share ideas with our fellow colleagues. Our AGM will also be held on the same day following MOW and it would be lovely to see you all stay for the meeting.

As Kath has mentioned in the Chairman’s report, the ASM in 2017 will be held in Canberra and will be late February (24 – 27 February).

Thea Connor
NEWSLETTER EDITOR

2016 Scholarship Recipients

Our scholarship recipients recently attended the 69th USANZ ASM at the Gold Coast on 16 – 19 April 2016

Our scholarship recipients from left to right
Indra Jolayemi – Casey Hospital
Terri Poulton – Mitcham Private
Gayle Kitely – Bayside Urology
Luke Derriman – Alfred Health
Cara Webb – Austin Health
Courtney Lockhart – Launceston
Amelia Barwick – Launceston

IMPORTANT NOTE

All VUNS new memberships and renewal payments will be by electronic bank transfer only.

NAME:
Victorian Urological Nurses Society

BSB: 033 395
ACCOUNT NO: 11 0933

CONTACT US

VUNS.COM.AU
The Special interest Group was facilitated by Lesley Roberts. Attended by ten members.

The meeting started by introduction by all members of who they are, their role and where they worked.

The Special Interest Group’s goal & vision was discussed. The Group’s main focus was on finding ways to keep it alive and functional. Strategies to promote the group amongst urology theatre nurses was discussed.

Various methods to communicate was suggested. Members suggested LinkedIn, WhatsApp, having Facebook page, teleconferencing and using emails to communicate and share ideas amongst members. Definitive method of communication was not decided at this meeting. Members were advised to think through on finding ways to support and network with each other in continuing professional development in Urological Nursing specifically in theatre nursing.

Lesley agreed to follow up this meeting with collating and sharing all attendees’ information/details and distributing it in order for the members to keep in touch and support each other in terms of sharing skills and knowledge in Urology nursing.

The meeting was followed by a very informative perioperative workshop/presentation by Lesley titled ‘What goes on behind close doors’.

The workshop aimed at all nurses who intend to expand their knowledge on perioperative nursing. This workshop gave us a brief and interesting understanding on activities that occurs in the operating theatre. The presentation was divided into 3 main areas.

a. Perioperative 101 – Basic information on various equipment e.g. monitors, theatre tables, instrument trays used in theatre was shown. Basic principles of patient positioning, patient care and nursing skill and knowledge required in a Urology theatre was discussed.

b. Different roles of theatre nurses e.g. scrub nurses, scout nurses and surgical assistant was explained. Strategies and tips on how to survive long urology cases was given. Lesley shared with us information on how to develop skills, where to find study opportunities and career opportunities.

c. Technology in the Urology Operating Room – Types of Laser available for urological cases was shown.

I close this report by officially thanking the VUNS committee for their tireless and financial support to attend the meeting.

I am very much looking forward to the next step from the special interest group. I am also looking forward to contribute to this special interest in every way I can.
Urological Society of Australia and New Zealand 69th Annual Scientific Meeting

Dates - Saturday, 16 to Tuesday, 19 April 2016

Thanks to a generous scholarship from VUNS, my colleagues and I were fortunate enough to attend the Urological Society of Australia and New Zealand 69th Annual Scientific Meeting on the Gold Coast from 16 – 19 April 2016. On the Monday morning of the conference, we attended an interesting USANZ plenary session. Jeremy Grummet delivered a presentation titled ‘Transperineal biopsy – the new yardstick?’ Jeremy presented a discussion of the benefits of transperineal versus transrectal prostate biopsy. In the operating room in which we all work, the urology surgeons have very recently made the decision to perform transperineal biopsies as their primary prostate cancer diagnostic technique.

Jeremy presented evidence to show that standard transrectal biopsies miss significant prostate cancer 30 percent of the time. Transgression of the rectum also contributes to a significant rate of infection, sepsis and even ICU admission post-operatively. Some of the proposed benefits of a transperineal approach include avoiding transgression of the rectum eliminating the requirement for antibiotics, a significantly reduced risk of sepsis (0.076% versus 5% with transrectal), and more accurate targeted biopsies. Another point raised during this session regarded the use of MRI in prostate cancer detection. Jeremy suggested that MRI is in fact the new yardstick in prostate cancer detection, and that transperineal biopsy should be utilised for confirmation of MRI results.

It was encouraging to hear evidence that our hospital is offering our patients the best practice based on current evidence.

Courtney Lockhart
LAUNCESTON GENERAL HOSPITAL

Penile Cancer Workshop

The penile cancer workshop run by Urologist, Mr Justin Chee, and Nurse Practitioner, Kath Schubach, was held on the second day of the USANZ conference. Their presentations paid attention to a topic and client demographic, whilst important in it’s own right, probably doesn’t demand as much attention from our roles compared to other genitourinary cancers. As nurses we often deal with the emotional aftermath following surgery and it was not surprising to hear of the depression and suicide rates that follow total penectomy. Justin Chee strives to achieve curative results with his with his patients and employs different penile preserving surgical techniques where possible rather than always reverting to the gold standard of total penectomy. His reconstructive phalloplasty work acknowledges the emotional impact of penile surgery, the feelings of feminisation that typically accompanies it and the value that this surgery delivers to men. Kath’s case studies and input highlighted the lengthy and often complicated journey these men take and the invaluable contribution that nurses can make both emotionally and clinically.

Cara Webb
AUSTIN HEALTH
Scholarships Awarded

Congratulations to the following three recipients who have been awarded scholarships:

- Sarah Johnston, Australian Urology Associates and Cabrini Health, who will be attending Asia Pacific Prostate Cancer Conference 2016
- Paul McGivern, Austin Health, who will be attending ANZUP ASM – July 2016
- Kath Shuback, Peter McCallum, who will be attending ANZUP ASM – July 2016

We look forward to hearing from them in our September newsletter.

External Urology Education Meetings

ANZUP ANNUAL SCIENTIFIC MEETING
(ASM) Australian and New Zealand Urogenital and Prostate Cancer Trials
10 to 12 July 2016 / Hilton Brisbane - www.anzup.org.au

41ST ANNUAL MEETING IUGA
International Urogynaecological Association
2 to 6 August 2016 / Cape Town, South Africa - www.iuga.org

17th ASIA PACIFIC PROSTATE CANCER CONFERENCE
31 August to 3 September 2016 / Melbourne Convention Centre, Melbourne - www.prostatecancerconference.org.au

46TH ANNUAL MEETING OF THE ICS
International Continence Society
12 to 16 September 2016 / Tokyo, Japan - www.uroweb.org

36th CONGRESS OF THE SIU
(SIU) THE SOCIETY INTERNATIONAL OF UROLOGY
20 to 23 October 2016 / Buenos Aires, Argentina - www.siu-urology.org

VICTORIAN SECTION MEETING
14 to 16 October 2016 / The Peppers Sands Resort, Torquay, Victoria - www.anzup.org.au

25TH National Conference on Continence
9 to 12 November 2016 / Adelaide - www.continence.org.au

Note: This meeting is hosted by Victoria but will be held in Canberra

70th USANZ ASM Canberra
23 to 27 February 2017
Convenor: Nathan Lawrence
Scientific Program: Shomik Sengupta
www.usanz.org.au

22nd ANZUNS Meeting
23 to 27 February 2017
Convenor: Kath Schubach
Scientific Program: Carla D’Amico
www.anzup.org.au
Launching the New VUNS Banner

Along with our brand new logo and newsletter, also comes our new banner design.

Striving for Professional Excellence in Urological Nursing Practice.
Meeting of the Waters – Saturday, 23 July 2016

Date: Saturday, 23 July 2016
Venue: Michael Chamberlain Lecture Theatre
St Vincent’s Hospital

Program...

0800 REGISTRATION & TRADE DISPLAY
Tea & Coffee

0855 WELCOME

0900 Irreversible Electroporation (IRE) and the beginning of focal therapy – Jim Koukounaras Alfred Hospital

0940 Mental health and incontinence – Dr Ian Presnell Psychogeriatrician /Senior Lecturer – Aged Mental Health Research Unit Mercy Health

1030 MORNING TEA & TRADE DISPLAY

1100 Improving communication and outcomes via technology - a prostate cancer experience – Donna Cowan

1120 Where does the specialist nurse role

1215 LUNCH & TRADE DISPLAY

1300 Developing a Consistent Collaborative Regional Continence Practice - a Rural Experience
Joanne Dean, West Hume, Clinical Nurse Consultant

1325 VUNS Website going live

1340 TBA

1400 Developing Community Participation in a health program - a rural and metro perspective

1430 Schistosomiasis
Speaker TBA

1500 ANZUNS update

1510 CoNSA update

1520 CLOSE

1530 VUNS – AGM
VUNS Education Meetings

ANNUAL MOW - MEETING OF THE WATERS
Saturday, 23 July 2016

ADVANCE PRACTICE NURSE'S DINNER
ANNUAL DINNER SOCIAL EVENT
November 2016 - Exact Date TBA

Meet Your Committee Member

Kelly Beer
Surgical Case Manager at Warringal Private Hospital

My role as Surgical Case Manager at Warringal Private hospital incorporates all surgical specialties but I have always had a strong interest and focus in all things urological. Minimising the impact of acute urinary retention post operatively by setting guidelines for early detection and management by all staff in all wards was the initial I focused on (very) many years ago, and ongoing staff education continues. I manage the Bladder Cancer program of BCG/Chemotherapy treatments and patient education. I also coordinate the preadmission and post discharge management of all patients having urological surgery, with support for patients doing ISC and IDC management at home. I was fortunate to be part of a PIP team to the Soloman Islands in 2012 for a week of urological surgery which was an amazing experience getting back to basics and improvising where necessary. I encourage anyone to put your hand up if you have the opportunity.

I joined the committee 2 years ago after regularly attending the VUNS education sessions for many years, and welcome the opportunity to be able to meet nurses from many backgrounds and work places.

In my spare time, I play tennis, walk, drink coffee and the odd glass of wine with friends.

Kelly Beer
GENERAL COMMITTEE
VUNS Committee 2015/2016

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VICE CHAIRPERSON - Luke Derriman
SECRETARY - Melissa Caruso
TREASURER - Carla D’Amico
NEWSLETTER EDITOR - Thea Connor
ANZUNS REP - Donna Cowan
GENERAL COMMITTEE -
- Kelly Beer
- Ros Lawrence
- Germana Ryan

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